

# E83 ELLIPTICAL

## PRECISION SERIES

E83 Elliptical



PROGRAMS
Interval
Glute (x3)
Random (x10,000)
Manual /Track
Cardio HRC
Weight Loss HRC
ZoneTrainer™
FEEDBACK
Workout Level
Strides per minute
Time
Heart Rate
Total Strides
Calories
DISPLAY
Dot matrix with LEDs
Touch-N-Go™ Programs
ADVANCED FEATURES
Dual-action total body motion
MyFlex™ Cushioning System

HEART RATE TOOLS
Telemetry Heart Rate
ZoneTrainer™
MAX USER WEIGHT
400 lbs.
WEIGHT
260 lbs.
DIMENSIONS (LxWxH)
79" x 24" x 68"
PERFORMANCE FEATURES
14 levels of resistance
18" - 25.5" manually adjustable stride

## KEY FEATURES

18"-25.5" manually adjustable stride length allows the user to find the stride that fits their body and workout style

Dual-action motion provides a total body workout

ZoneTrainer™ heart rate telemetry and heart rate control programming allows users to train more effectively

MyFlex™ pedal cushioning system provides a comfortable workout platform



The E83 features an easy-to-use dot matrix display with LED readouts. Multiple programs include heart rate control options for superior training.

Warranty effective 08.01.10. May be subject to usage limitations.